

2017 Pennsylvania Parents as Teachers Conference

25 Years of Blazing a Home Visiting Trail

May 9-10, 2017 | Grantville, Pa.











May 9, 2017

Dear Colleague:

On behalf of the Office of Child Development and Early Learning, welcome to the 2017 Pennsylvania Parents as Teachers Conference: 25 Years of Blazing a Home Visiting Trail.

The goal of the conference is to provide home visiting staff with the latest resources for helping parents become more confident as their children's first and most influential teachers, in addition to learning about how to provide safe and nurturing home environments that benefit the whole family.

Preconference institutes will be available during the afternoon of May 9, followed by a full day of workshops on May 10. General sessions and workshops will offer a range of valuable resources, particularly around communication development, continuous quality improvement, substance use and abuse, and much more!

The event information and discussions will improve your abilities to carry out the four major goals of the Parents as Teachers program model: increase parent knowledge of early childhood development and improve parenting practices; provide early detection of developmental delays and health issues; prevent child abuse and neglect; and increase children's school readiness and school success.

All participants are encouraged to learn, share and network with colleagues around important issues to better adapt and respond to the needs of diverse families, cultures and special populations.

We sincerely hope that you enjoy the conference and walk away not only with more knowledge and resources, but also a renewed sense of commitment towards strengthening Pennsylvania's youngest children and their families.

Thank you for your participation!

Sincerely,

Suzann Morris

Deputy Secretary

Andrew Dietz

Family Support Program Manager

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Pennsylvania Parents as Teachers Conference

The conference will provide home visiting professionals the opportunity to explore approaches that develop their skills in supporting families to be their child's first and most influential teacher. Parents as Teachers National Center representatives will share news and resources, as well as participate in the networking session. General sessions and workshops will feature: PAT tools and resources, communication development, continuous quality improvement, substance use and abuse, and much more.

Agenda at a Glance

Tuesday, May 9, 2017

12:30 PM – 4:00 PM	Registration Area Open	Lobby
1:00 PM – 4:00 PM	Pre-Conference Institutes PAT Tools for Model Implementation Reboot: Rediscovering the Foundational and Foundational 2 Curricula	Royale I Royale II

Wednesday, May 10, 2017

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8:00 AM – 4:00 PM	Registration Area Open	Lobby
8:00 AM – 4:00 PM	Exhibit Area Open	Majestic Hallway
8:00 AM – 9:00 AM	Continental Breakfast	Majestic II & III
9:00 AM – 10:15 AM	Welcome and Keynote Speaker Samantha M. Brown Parent and Child Neurobiology and the Legacy of Adversity: Key Insights for Home Visitation	Majestic II & III
10:15 AM – 10:30 AM	Break	Majestic II & III
10:30 AM – 12:00 PM	 Workshop Session I Opportunities in Re-Visioning Keystone STARS Helping Parents Understand the Pennsylvania Early Learning Standards through Group Connections Fun and Easy Science, Math, Art and Reading Hands-on Activities for the Home Home Visiting with Families Affected by Substance Use 	Grande III Grande IV Royale I Royale II
12:00 PM – 1:00 PM	Lunch	Grande I & II
1:00 PM – 1:45 PM	Facilitated Network Session: PAT Resource Carousel	Majestic II & III
1:45 PM – 2:00 PM	Break	Majestic Hallway
2:00 PM – 3:30 PM	 Workshop Session II Beyond Language Interpretation: How Culturally Relevant Strategies Improve Parent Engagement During Home Visits Let's Talk: Communication Development in Young Children Speak Up and Speak Out: Finding Your Voice as an Advocate The What and How of the CQI Process 	Grande III Grande IV Royale I Royale II
3:30 PM – 4:00 PM	Closing Remarks	Majestic II & III

Tuesday, May 9, 2017

12:30 PM - 4:00 PM Lobby

Registration Area Open

1:00 PM - 4:00 PM

Pre-Conference Institutes

There will be a 15-minute break at the presenter's discretion between 2:15 PM -3:00 PM in the Royale Lobby.

Royale I

PAT Tools for Model Implementation

This institute for PAT supervisors will take a closer look at tools to ensure model fidelity for programs. Presenters will discuss the affiliate plan, a living document that gives a picture of how your Parents as Teachers affiliate is designed to meet the essential requirements and supports optimal outcomes for families.

Other resources available in the supervisor's handbook will also be highlighted.

Allison LaMont, Director of Expansion and Implementation Support, Parents as Teachers National Center, St. Louis, Mo. Christy Roberts, Implementation Support Coordinator, Parents as Teachers National Center, St. Louis, Mo.

Royale II

Reboot: Rediscovering the Foundational and Foundational 2 Curricula

Parents as Teachers curricula supports parent educators in their efforts to deliver research based, high quality and effective services. Because of evolving research, both the Foundational and Foundational 2 curriculum have experienced several updates that are pertinent to the success of parent educators. Pennsylvania Parents as Teachers trainers will partner with participants to engage in a rediscovery of the curricula. The session will

identify successful strategies and tools that improve a parent educator's efficacy and impact in delivering PAT services.

Tiedra Marshall, Family Support Coordinator, Center for Schools and Communities, Camp Hill, Pa.

Bethany Smith, Parents as Teachers National Trainer, Pennsylvania Parents as Teachers State Office, Camp Hill, Pa.

Terry Wertman, Parents as Teachers National Trainer, Pennsylvania Parents as Teachers State Office, Camp Hill, Pa.

Photography and Videotaping Note

Please be aware that participants may be photographed or videotaped during the event. Some of these photographs or videos may be displayed in publications and materials connected with the event or by news media. If you do not want to be photographed and/or videotaped, please position yourself away from the cameras or inform event staff.



Conference Evaluation

Complete an online evaluation of this year's conference by scanning the QR code or checking for an email sent from PAT@csc.csiu.org.

Your comments and suggestions regarding the quality of speakers, presenters, and resources, as well as your overall experience at this conference are valuable in planning future professional development programs. We appreciate your time and thoughtful insights.

8:00 AM – 4:00 PM **Lobby**

Registration and Exhibit Area Open

8:00 AM - 9:00 AM **Majestic II & III**

Continental Breakfast

9:00 AM - 10:15 AM **Majestic II & III**

Welcome

Suzann Morris, Deputy Secretary, Office of Child Development and Early Learning, Harrisburg, Pa. Karen Shanoski, Partnerships Project Manager, Center for Schools and Communities, Camp Hill, Pa.



Keynote Speaker Samantha M. Brown, PhD, MA, LPC, Postdoctoral Fellow, University of Denver, Denver, Co.

Parent and Child Neurobiology and the Legacy of Adversity: Key Insights for Home Visitation

Samantha Brown, PhD, MA, LPC, is a postdoctoral fellow in the Stress, Early **Experiences and Development Research** Center in the Department of Psychology at the University of Denver. Her primary research interests focus on understanding the mechanisms through which early adversity impacts the developmental and behavioral health trajectories of children and youth, and translates this knowledge into the development and evaluation of interventions aimed at enhancing family functioning and children's and youths' wellbeing. Brown is a licensed counselor in the state of Colorado and her practice experience includes domestic violence and substance abuse counseling and child welfare casework.

This session will review the core elements of parent and child neurobiology, including current understandings of how the brain develops and changes at key points in the life span. These key points include prenatally, in the first few years of life, during adolescence and during the transition to parenting. The presentation will include a focus on how adverse experiences influence development and while many of the changes that happen in response to adversity are adaptive and critical for survival, they often also have long-term costs. Importantly, core areas of the brain that change in response to adversity are also those that support success during the transition to adulthood and during the transition to parenting. Implications for home visitation, including very recent data on key characteristics of parents who parent well in the face of significant adversity, will be discussed.

10:30 AM - 12:00 PM

Workshop Session I

Grande III

Opportunities in Re-Visioning Keystone STARS

As Pennsylvania strives to increase access to high quality services, refining Keystone STARS is paramount to be more efficient for providers and more effective at improving child outcomes. Participants will hear how STARS re-visioning offers opportunity to connect and support high

quality early learning for children, including home visiting.

Becky Mercatoris, Director, Bureau of Early Learning Services, Office of Child Development and Early Learning, Harrisburg, Pa. Suzann Morris, Deputy Secretary, Office of Child Development and Early Learning, Harrisburg, Pa.

Grande IV

Helping Parents Understand the Pennsylvania Early Learning Standards through Group Connections

This workshop will include a presentation of how the Pennsylvania Early Learning Standards are incorporated into the Greater Nanticoke Area Family Center's "My School, My Community" program, which promotes parentchild interaction, school and community

engagement, and P-3 transition. There is also a simulation of a parent workshop on standards and milestones and a work session to help attendees start preparing their own PAT program's group meeting.

Christine Ferrato, Director, Greater Nanticoke Area Family Center/Pre-K Counts, Nanticoke, Pa.

Royale I

Fun and Easy Science, Math, Art and **Reading Hands-On Activities for the** Home

Participants will learn how to create activity boxes for fun, hands-on learning activities and will discover and participate in two to three home-based activities. They will also explore resources for other easy and low cost activities. Winnie Black, Project Accelerate Coordinator, Pennsylvania Statewide Afterschool/Youth Development Network; Education Leading to **Employment and Career Training Data** Coordinator, Center for Schools and Communities, Camp Hill, Pa.

Royale II

Home Visiting with Families Affected by **Substance Use**

Substances including alcohol, prescription medications and illegal drugs (such as heroin) have immediate and long term effects on children and families. This workshop will address the call for a system of care for fetal alcohol syndrome disorder (FASD); Pennsylvania's work to implement a plan of safe care for pregnant and parenting mothers; and the role of home visitors who work with families affected by these issues. Participants will learn

about systems and programs in the state focused on substance use/abuse issues and discuss the role of a home visitor in linking families with services and supporting their participation.

Lyn Becker, FASD Parent Advocate, FASD Educator and Activist, Member of Pennsylvania Fetal Alcohol Spectrum Disorders Task Force, York, Pa.

Allison LaMont, Director of Expansion and Implementation Support, Parents as Teachers National Center, St. Louis, Mo.

12:00 PM - 1:00 PM Grande I & II

Lunch

1:00 PM - 1:45 PM Majestic II & III

Facilitated Network Session: PAT Resource Carousel

Participants will have the opportunity to learn about and review Parents as Teachers tools and resources with other conference attendees. Tools available to review include: Reflective Supervision Toolkit; Advocacy Toolkit; Roll and Read Toolkit; New Parenting Behaviors materials: Interactions Across Abilities curriculum; Diversity in Families, Children and

You curriculum; What You Do Matters series; and Pennsylvania Early Learning Standards/ PAT Crosswalk.

Allison LaMont, Director of Expansion and Implementation Support, Parents as Teachers National Center, St. Louis, Mo. Christy Roberts, Implementation Support Coordinator, Parents as Teachers National Center, St. Louis, Mo.

2:00 PM - 3:30 PM

Workshop Session II

Grande III

Beyond Language Interpretation: How Culturally Relevant Strategies Improve Parent Engagement During Home Visits

Adequately supporting immigrant families during home visits requires much more than addressing language barriers. The Office of Child Development has implemented a variety of strategies from professional development to cultural adaptations of existing activities to improve the support provided to immigrant

families. This workshop will discuss successful strategies implemented by Family Support Centers in Allegheny County.

Regina Jones, Director of Partnerships for Family Support, Office of Child Development, Pittsburgh, Pa.

Ivonne Smith-Tapia, Project Manager of Service Demonstrations, Office of Child Development, Pittsburgh, Pa.

Grande IV

This session is a repeat of the family support webinar offered December 7, 2016.

Let's Talk: Communication Development in Young Children

This workshop will focus on the development of communication skills from birth through preschool years. Topics include various aspects of communication, typical development, warning signs of delayed or disordered communication development, and strategies to support communication development in all children,

including those with delays or disabilities. Additionally, simple strategies to share with families and how to talk with families about concerns regarding their child's communication development will be provided.

Susan Althouse, EITA Consultant, Early Intervention Technical Assistance and Pennsylvania Training and Technical Assistance Network, Harrisburg, Pa.

Royale I

Speak Up and Speak Out: Finding Your Voice as an Advocate

Sharing your program's story is essential to your program's success. Often program administrators would like to speak up and out, but they do not know where to start. Join a panel of experts who represent the various aspects of advocacy efforts. Panel members will discuss their experiences and share strategies

to help forge effective partnerships with local champions for change.

Leigh Carlson-Hernandez, Director, Family Support Policy Board, University of Pittsburgh's Office of Child Development, Pittsburgh, Pa. Luann McMackin, Program Director, The Guidance Center, DuBois, Pa. Kevin Schreiber, President and Chief Executive Officer, York County Economic Alliance, York, Pa.

Royale II

The What and How of the CQI Process

Participants will receive an overview of the continuous quality improvement (CQI) structure and methods that can be used to maintain a high quality program. Panelists will discuss the CQI process and how a program can complete this process using forms created by the Office of Child Development and Early Learning and Parents as Teachers.

Ashley Ankeny, Home Visitation Specialist, Pennsylvania Key, Berks County Intermediate Unit, Reading, Pa.

Alison Carson, Director of MIECHV Programs, Community Services of Venango County, Titusville, Pa.

Andrew Dietz, Family Support Program Manager, Office of Child Development and Early Learning, Harrisburg, Pa.

3:30 PM – 4:00 PM **Majestic II & III**

Closing Remarks







